SPARSHA CHARITABLE TRUST











sparsha



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Dear Supporters, Well-Wishers, and Team Sparsha,

As we close another fulfilling year, I am delighted to share some of the highlights from December 2024, reflecting our commitment to nurturing holistic growth within the communities we serve.

This month, we embraced the theme "Sports for Healthy Growth," emphasizing the vital role of physical activity in the overall development of children. Through various sports activities and events, our programs encouraged children to build teamwork, discipline, and resilience while having fun and staying active. Seeing their excitement and energy reaffirmed our belief in sports as a cornerstone for healthy childhoods.

We also marked Human Rights Day with meaningful celebrations and learning sessions. These events served as powerful reminders of the values of justice, equality, and dignity that guide our work every day. Through engaging activities and discussions, our children and community members deepened their understanding of their rights and responsibilities as citizens.

Our achievements this month and throughout the year would not have been possible without the unwavering support of our partners, donors, and team members. A heartfelt thank you to all who have walked this journey with us, empowering us to make a meaningful impact in the lives of children, women, and marginalized families.

As we step into 2025, let us continue to inspire and uplift each other, building a future where every child grows in a safe, nurturing, and vibrant community.

Warm regards, Sarika Desai (CEO)



SHIKSHA PROGRAM

Our Activities in December



On 14th December 2024. Students from Shiksha recently visited a nearby garden at Sparsha. They engaged in various games and activities, enjoying themselves thoroughly. It was a joyful and memorable experience for everyone.

On 21st December 2024, The Students of Sparsh celebrated Day with enthusiasm. Shiksha Program participated in engaging activities such as the book balance game and the glass collecting game. These fun and games brought interactive smiles and laughter, creating a lively atmosphere. It was a memorable day filled with joy and teamwork for all involved!





On December 22, 2024, Farah, a generous donor, visited the Sparsha Centre and spent quality time with the Shiksha students, bringing food, cakes, and thoughtful gifts. The visit brought immense joy to the 30 students present, making the memorable day truly for everyone.



SANSKAR PROGRAM

Our Activities in December



At Sparsha Sanskar, students creatively learn about human anatomy by crafting internal organs with clay. This handson activity helps them understand the structure and function of organs engagingly and artistically.

On 17th December 2024 Sparsha's Sanskar 12 students visited Don Bosco School for a Secret Santa celebration. They enjoyed activities like cookie designing, Christmas printing, and engaging in cathedral and architectural games, making the event festive and memorable.





Students of Sparsh Trust celebrated Human Rights Day by creating inspiring drawings displayed in their community. They engaged with community members to share insights about the importance of Human Rights, becoming young ambassadors for justice and equality.



SWAYAM PROGRAM

Our Activities in December



A doubt-clearing session for 12th Commerce students was conducted by Karthik Sir, providing valuable guidance and clarifying concepts to support their academic success.

On 18th December 2024, Fourth Signal generously organized a delightful Christmas party for students, featuring Sparsha fun-filled games, engaging activities, and lively music. The also included event distribution of snacks thoughtful gifts for the winners, creating an atmosphere of joy and celebration.





We celebrate the incredible dedication of our volunteers, whose selfless efforts have brought meaningful change to our communities. Their contributions have been invaluable. Their commitment reminds us that even small acts of kindness can ripple out to create a lasting impact. We are grateful for their passion and hard work in helping us build a brighter, more inclusive future for all.



SAKSHAM PROGRAM

Our Activities in December

Sparsha Trust's monthly parent meeting focused on "The Sports," **Importance** emphasizing health, mental wellbeing, discipline, teamwork, and stress management. Parents were encouraged to support children's participation in sports for balanced lifestyle. The interactive session fostered communication, strengthening collaboration students' holistic growth.





Adolescence is a transformative phase where physical, emotional, and social changes shape a young person's identity. Parental involvement during this period is crucial for healthy development. Sessions like Sparsha create a space for parents safe adolescents to understand each other better.

December 21st, Deepa Bhagwani from K.C. Law College held a POCSO session for parents Sparsh Trust. She shared at insights on child protection, the POČSO Act, and the importance of a safe environment children, empowering parents to safeguard their children from exploitation and abuse.





OUR GRATITUDE

Our Activities in December

On 4th December 2024, we brought joy to the students of Zilla Parishad Shala Kuzpada (Kunjar) and Pimppada by distributing toys. The aim of this initiative is to spread happiness and create memorable moments for young children.





17 December 2024, As part of Sparsh's education program, the students had a dental check-up conducted by the doctors of St. George. The doctors made the session interesting and interactive, making the students feel comfortable while learning about dental health.

16, 2024, Sparsh On December celebrated Human Rights Day at K.C. Law College, with over 200 parents Cheif Guest Swaroopa attending. Dholam, is Registrar of Human Rights Commission, Mumbai Kavita Lalchandani Principal of K.C Law Collage and Kiran Sharma Vice Principal of K.C Law Collage. Apnalya's CEO Yasmeen Mam. The event emphasized human rights awareness and featured several distinguished guests, providing valuable information on advocacy.

