

# SPARSHA CHARITABLE TRUST

CARE FOR HUMANITY...

"Education is the key to unlocking the world, a passport to freedom." –



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Dear Sparsha Family,

February has been a remarkable month of growth, achievements, and recognition for our mission at Sparsha Charitable Trust. Our flagship programs—SHIKSHA, SANSKAR, SWAYAM, and the SAKSHAM Parental Guidance Program—have helped us reach new milestones in empowering children, youth, and families.



A special highlight is our SWAYAM students appearing for their 10th and 12th standard board exams, marking a crucial step in their educational journey. Their perseverance, coupled with our team's unwavering support, truly embodies our commitment to shaping bright futures.



We are also proud to share that Sparsha's story was presented at the IES Management Institute, strengthening our presence in academic research and social impact discussions. Furthermore, a research paper on our initiatives was presented, reinforcing our commitment to evidence-based interventions.

Adding to this month's successes, Sparsha was honored at the CSR Summit with the Social Consciousness Award, recognizing our efforts in community development and child welfare. This achievement is a testament to the dedication of our team, supporters, and well-wishers who continuously drive our mission forward.

As we step into the coming months, let us continue working with the same passion and dedication to create lasting impact. Together, we are building a future where every child gets the opportunity to learn, grow, and thrive.

With gratitude,

Sarika Desai

CEO of Sparsha Charitable Trust



# SHIKSHA PROGRAM

## Our Activities in February 2025



On February 5, 2025, the Shiksha Program held an engaging session for students focusing on fundamental math concepts—counting and addition. The teacher led the class through various interactive activities to help students grasp the importance of numbers and how to perform simple addition.

On February 12th, as part of the Shiksha Program, teachers organized a creative activity where students made beautiful paper flowers. The activity was filled with joy and excitement, allowing students to explore their artistic skills while enjoying a fun, hands-on experience. It was a great way for the students to express their creativity and work together in a lively, engaging environment.



As part of the Shiksha Program on February 20th, teachers conducted an engaging activity to teach students the correct way to brush their teeth. Through a step-by-step demonstration, students learned the importance of oral hygiene and proper brushing techniques. They actively participated in the session, making it an interactive and informative experience. This initiative helped reinforce healthy habits among students, ensuring better dental care for the future.



# SANSKAR PROGRAM

## Our Activities in February 2025

On February 10th, 2025, during the Sanskar Program, teachers conducted an engaging math activity where students used matchsticks to draw different angles. The hands-on approach helped students grasp the concept quickly, and they enjoyed learning through this fun and interactive method.



On February 19th, 2025, Sanskar Program students celebrated Shivaji Jayanti with great enthusiasm. Students drew portraits of Shivaji Maharaj and delivered speeches highlighting his life and achievements. The event saw active participation from all, and students gained valuable insights into the legacy of the great warrior king.

On February 18th, 2025, Helping Hand Foundation generously distributed snacks at our center. The thoughtful gesture brought joy to everyone, creating a warm and supportive atmosphere for all.



On February 3rd, 2025, Sanskar Program students participated in a "No Fire Cooking" activity, where they creatively made sandwiches. The students actively engaged in the task, showcasing their smartness and creativity. It was a fun and enjoyable experience, allowing them to explore cooking in a safe and innovative way.



# SWAYAM PROGRAM

## Our Activities in February 2025

On February 15th, 2025, the Swyam Program hosted a farewell party for the 10th and 12th grade students. The event featured fun games, and Sarika Ma'am, along with all the teachers, wished the students the best of luck for their upcoming exams. Students captured memorable moments with photos, making the day even more special.



On February 22nd, Fourth Signal Company employees visited Sparsha's center to deliver a fun, interactive financial literacy session. Through drama, they taught students about saving money and explained key concepts like debit and credit cards, as well as recurring deposits (RD) and fixed deposits (FD). The session combined education with enjoyment, equipping students with essential financial knowledge.

As part of the Swyam Program, a refreshing yoga session was conducted for Grade 9 students on February 22nd by Namyo Ma'am. The session focused on enhancing physical and mental well-being through various yoga postures and breathing exercises. Students actively participated, learning techniques to improve flexibility, concentration, and relaxation. The session was both energizing and insightful, encouraging students to adopt a healthy lifestyle.





# SAKSHAM PROGRAM

## Our Activities in February 2025



On February 20, 2025, a session on Parenting Skills and Self-Grooming was held as part of the Saksham Program. It covered effective parenting techniques and personal development, promoting parent-child bonding. Parents' active participation enriched the discussion, creating a meaningful learning experience and fostering a supportive environment for children's growth.

On 9th February 2025 As part of the Saksham Program, we assisted 20 parents in opening Sukanya Samriddhi Accounts for their daughters. This initiative aims to support financial security and future education for girl children, empowering families with long-term savings benefits. We appreciate the parents' participation and remain committed to fostering a brighter future for our children.



In saksham program , on 16th february 2025 , As part of the Saksham Program, we successfully facilitated the creation of 40 Ayushman Cards for parents in the Mankhurd area. This initiative aims to provide essential healthcare benefits, ensuring better access to medical services for families. We appreciate the active participation of parents and look forward to continuing such impactful initiatives for community well-being.



# SWASTHA PROGRAM

## Our Activities in February 2025

The **dental health awareness initiative** continues to make a meaningful impact in schools across the community. Organized in collaboration with **St. George Hospital, CST**, these camps provide essential dental checkups, awareness sessions, and preventive care guidance to students. With **1,991 indirect beneficiaries**, these camps aim to educate children on the importance of oral hygiene and early intervention. Through expert care and interactive sessions, we are fostering a healthier future for young minds.

### Recent & Upcoming Camps: Indirect Beneficiaries



Pratiksha Nagar School- 11th February 2025



K.D. Gaikwad School - 13th February 2025



Joglekar Wadi - 20th February 2025



Nardkarni School - 24th & 25th February 2025

### Recent & Upcoming Camps: Direct Beneficiaries

As part of our ongoing commitment to promoting oral health, St. George Hospital, CST, has been conducting dental health camps across various communities. These camps provide free dental checkups, hygiene awareness sessions, and preventive care, ensuring access to essential healthcare services. With 409 direct beneficiaries, this initiative is making a tangible difference in the lives of community members by fostering better oral hygiene habits and early intervention for dental issues.



Kokari 2 - 7th February 2024



Kokari 1 - 10th February 2025



Kamla Nagar 18th February 2025



Bhim Nagar, 18th February 2025



# OUR GRATITUDE

## Our Activities in February 2025



On 18th February 2025, We are proud to announce that Sparsha was honored with the Social Consciousness Award at the CSR Summit, recognizing our commitment to community development and child welfare. This achievement reflects the dedication of our team, supporters, and well-wishers who continue to drive our mission forward. Thank you for being part of our journey toward positive change.

On 21st February 2025, We are proud to share that Sparsha's journey was showcased at the IES Management Institute, enhancing our presence in academic research and social impact discussions. Additionally, a research paper on our initiatives was presented, reaffirming our commitment to evidence-based interventions for community development. We continue striving for impactful change through research and action.



On 27th February 2025, We joyfully celebrated Marathi Divas at Sardar Nagar BMC School, honoring the rich heritage of the Marathi language. As part of the celebration, we distributed biscuits to 600 students, spreading happiness and fostering a sense of community. We appreciate everyone's participation in making this event memorable.



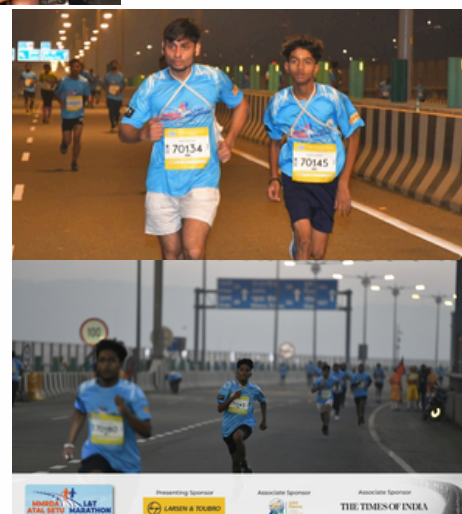
# SPECIAL PROGRAM

## Our Activities in February 2025

On 16th February 2025, Our new partnership with Lead Earth Foundation is empowering 15 young athletes to pursue their passion for running! Their first milestone—participating in the ATAL Setu Marathon—marks an exciting beginning. A proud moment for Sparsha as Times of India featured their inspiring journey, highlighting the power of sports in shaping bright futures.



**First run for 15 'game changers'**  
The 21km sea bridge saw 15 children and two trainers on their first run. The 5k run proved to be a dream run for Sulaksha Shetty from LeadEarth Foundation, an NGO she runs, and the children it trains. Along with Sparsha Charitable Trust, the NGO identified 15 kids aged 14-21, called them 'team game changers', and set out to develop them physically and mentally through nutrition, training and life skill coaching, Sulaksha said. TNN



On 22nd February 2025, Mata Palk Diwas will be celebrated at Sardar Nagar School, bringing together 50 parents for a day of recognition and community bonding. The event will feature an exciting tasty food-making competition Menhadi competition and Rangoli competition where parents will showcase their culinary skills. As a gesture of appreciation, Sparsha Charitable Trust will distribute 50 steel plates to the participating parents, reinforcing its commitment to community engagement and well-being.

