

# SPARSHA CHARITABLE TRUST

CARE FOR HUMANITY...

**"Run for a cause to create a  
digitally inclusive community."**



Hello Friends ,

The year 2024 started with a positive note at Sparsha. Our team and children were kept engaged in various events and activities along with their academics. It gives me immense pleasure to see in the month of January, the involvement of like minded individuals striving towards community building. I am ever so grateful to donors, well wishers and volunteers for taking the initiative and supporting our cause at various platforms.

Best Regards,

Sarika Desai  
CEO ,Sparsha Trust

# Our Activities in January



## Empowering Women's Health and wellness

Rising cases of PCOD amongst young adolescent girls and women is very much prevalent. Many a times taboo around discussion on mensuration prevents young girls from receiving the required intervention. Sparsha in partnership with Sion Ayurvedic Hospital organized a PCOD - Early intervention medical camp at K.G Shah Law college, Matunga. A total of 115 students were screened and informed about PCOD and its prevention.

## Football - It's a game day for our Champs

A friendly fundraising football match was organized at Don Bosco International School, Matunga for Sparsha Children. The amount raised was utilised to purchase classroom resources and was donated to Sparsha by the School team. It was a memorable experience for our children to get an opportunity to play on a playground. Our children were taught by renowned coaches to play tricks followed by arrangement of healthy snacks for all.



## Happy tummy - Happy Smile

We are ever thankful to NGO Helping Hand for providing lunch boxes and snacks to 300 students once a week. The smiles after a full nutritious meal radiates across the classroom every Tuesdays



# Our Activities in January



## Learning through Peer Collaboration

45 students from Don Bosco International visited Sion Centre. The students organized soft skills activities and group games for 30 Sanskar students. This collaborative session amongst the children made learning fun.

## Toy Donation

Toys play an important part in each one of our childhood. It was indeed a delight to donate 100 toys donated by Toy Bank to 100 marginalized students at Sewri Wadala BMC school. We were delighted to have amongst us SVP lead partners Ms. Nandini Damani and Ms. Kosha Shah. Their presence illuminated smiles on the faces of children. Our gratitude to SVP and Toy Bank for the effort.



### ■ 'डिजिटल साक्षरतेचा' धडा

मुंबईतील 'स्पर्श' ही संस्था गेली २३ वर्षे शिक्षणापासून वंचित असणाऱ्या मुलांसाठी काम करते. मुंबईत १७ ठिकाणी स्पर्शची केंद्रे आहेत. 'स्पर्श'च्या टीमने मॅरिथॉनमध्ये सहभागी होत डिजिटल साक्षरतेबाबत जनजागृती केली. ऑनलाइन शिक्षण, इंटरनेटचा योग्य वापर तसेच सायबर गुन्हेगारी, फसवणुकीपासून कसे सावध राहायचे याविषयी प्रबोधन केले. 'सद्यपरिस्थितीत माणसाच्या प्रगतीतील अडथळा म्हणजे तंत्रज्ञानातील कौशल्यांचा अभाव होय. 'स्पर्श' समाजातील सर्वात असुरक्षित घटकांनाही डिजिटल साक्षरतेचा लाभ घेता यावा, हे कार्य हाती घेतले आहे. केवळ तांत्रिक कौशल्ये प्रदान करणे एवढेच नाही; तर दुर्लक्षित घटकांना गरिबीतून बाहेर पडण्याचा मार्ग प्रदान करण्याचे काम 'स्पर्श' करत असल्याची माहिती या निमित्ताने सारिका देसाई यांनी दिली.

News article on Maharashtra Times Epaper

## Tata Mumbai Marathon

Sparsha, in collaboration with Dixit Infotech Services Ltd embarked on a transformational journey for the upliftment of the grassroots of society by enhancing their "Digital Literacy". The team ran for the cause spreading the message of digital inclusion for all. Our deep appreciation for all our donors, supporters, volunteers and well wishers for making the event a grand success.



# Our Activities in January

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## Power Of Volunteering

The smallest act of service towards the deserving goes a long way in making a difference! Volunteers are pillars for an organization to progress. We are happy to have amongst us Ms. Radhika Nambiar, who teaches yoga to our women in the community and Ms. Suchita Damani who has been facilitating capacity building workshops for teachers.

## Republic Day

The 75th Republic day was celebrated with great enthusiasm amongst children across all the centres. Our children showcased their love for the country through dance, painting and by singing patriotic songs. Few of the students spoke on the relevance of the day and shared their thoughts with others.











# DAY FOR A CAUSE



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