

# SPARSHA CHARITABLE TRUST

CARE FOR HUMANITY...

"Educating the mind without educating the heart is no education at all."





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Dear Friends and Supporters,

December is always a special month at Sparsha Charitable Trust—a time of reflection, gratitude, and togetherness. As the year draws to a close, this month reminded us that compassion, care, and community are the strongest gifts we can share. Across our centres, hundreds of children and families experienced moments of joy, learning, and support. Through the Shiksha Program, young learners celebrated Christmas with songs and laughter, enjoyed clown activities, and continued strengthening their early learning foundations. Corporate partners and donors joined hands with us, bringing smiles through ration kits, meals, and festive celebrations. The Sanskar and Swayam Programs focused on academic strengthening, creativity, exposure visits, and mentorship—helping students build confidence, curiosity, and clarity about their future. Visits to colleges, science exhibitions, and mentor sessions opened new windows of aspiration for our youth. Through Saksham, parents and community members deepened their understanding of civic systems, governance, and children’s rights—taking important steps toward becoming informed and empowered citizens.

Health and dignity were central to the Sehat Program, benefiting over 400 community members in December through health camps, nutritious meals, and menstrual hygiene initiatives. Human Rights Day celebrations and winter blanket distributions added meaning to the month, highlighted by inspiring stories like Sandeep's, showcasing the power of sustained support. As the new year begins, heartfelt gratitude is extended to donors, volunteers, and partners for their belief in Sparsha, which helps nurture hope and dignity.

Warm wishes,

Sarika Desai

CEO, Sparsha Charitable Trust



# SHIKSHA PROGRAM

## Our Activities in December 2025



On December 20, 2025, the Protiviti team visited Sparsha's C4 Centre, enjoying time with Shiksha students through fun activities and distributing ration kits to support their families. We appreciate Protiviti's valuable time and contributions.

On 22 December 2025, a joyful clown activity was conducted under the Shiksha Program, bringing smiles and laughter to our young learners. The children actively participated and enjoyed the fun-filled session. The activity created a happy and stress-free learning environment.



On 24 December 2025, Shiksha students joyfully celebrated Christmas at the centre. The celebration was filled with songs, smiles, and festive cheer. It was a memorable day of togetherness and happiness for the children.

Under the Shiksha Program, teachers tested young learners' letter recognition and basic skills. They used positive support and interactive methods to encourage students. These assessments track progress and reinforce early learning foundations.



# SANSKAR PROGRAM

## Our Activities in December 2025



During the month of December, Anjali Ma'am met students at every centre and interacted with them closely. The meetings encouraged students to share their thoughts and concerns. The sessions were supportive and motivating.

A Christmas drawing activity was conducted under the Sanskar Program, where students expressed their creativity and festive joy through art. The children enthusiastically participated and showcased beautiful drawings. The activity encouraged imagination and celebration.



An English grammar session was conducted under the Sanskar Program, where teachers focused on building students' language skills. The session helped students understand basic grammar concepts in a simple and engaging way. Students actively participated and improved their learning.

In the Sanskar Program, teachers conducted a Maths lecture on addition and subtraction. Students actively participated, practiced problem-solving, and strengthened their foundational maths skills. The session made learning fun and engaging.



# SWAYAM PROGRAM

## Our Activities in December 2025



On 9 December 2025, students under the Swayam Program participated in a greeting card making activity along with a fun food activity with Noeway students. The session encouraged creativity, teamwork, and joyful interaction. The students enjoyed learning through hands-on activities.

On 5 December 2025, students from the Swayam Program visited Xavier's College to attend a science exhibition. The visit provided students with hands-on learning and exposure to scientific concepts. It was an inspiring and educational experience for the students.



On 21 December 2025, a lively dance session was conducted at the C4 Centre for Swayam students in collaboration with Project Kal NGO. The session encouraged self-expression, confidence, and joyful movement. Students participated enthusiastically and enjoyed the experience.

A mentor session was conducted under the Swayam Program to guide and motivate students. The session focused on personal growth, goal setting, and career awareness. Students actively participated and gained valuable insights.



# SAKSHAM PROGRAM

## Our Activities in December 2025



An exposure visit to the Ration Card Office educated participants about the application process, necessary documents, and eligibility criteria. Officials explained how ration cards provide access to subsidized food and government schemes, boosting awareness and confidence for independent applications.

A session on child marriage raised awareness about its negative impacts on health, education, and future prospects. Participants learned about legal marriage age and children's rights. Discussions and real-life examples encouraged children to reject child marriage in favor of education and empowerment.



An exposure visit to the F North Ward Office informed parents about government services and civic systems. Participants learned about public welfare, accessing schemes, and grievance redressal, enhancing their confidence in engaging with government offices and understanding their civic rights.

A session on Urban Governance was held for community parents to boost civic awareness. It covered the roles of municipal bodies and ward offices, citizens' rights and responsibilities, and access to government schemes, encouraging active participation in local development.



# SEHAT PROGRAM

## Our Activities in December 2025



On December 1, 2025, Karishma Ma'am, our SVP partner, kindly provided meals for marathon students, supporting their participation. We thank her for this thoughtful gesture.

Throughout December, every Tuesday, Helping Hand supported our students by providing nutritious meals. This regular initiative ensured care, nourishment, and smiles for the children. We sincerely thank Helping Hand for their continued generosity.



On 22 December 2025, Career Company visited Sparsha's C4 Centre and organized a meal distribution for 50 Shiksha students. The children enjoyed the nutritious meal and spent joyful moments together. We sincerely thank Career Company for their generous support.

On 20 December 2025, a generous donor organized a meal distribution at KD School for students under the Sanskar and Swayam programs. The initiative provided nourishment and brought smiles to the children. We sincerely thank the donor for their kind support.



# SEHAT PROGRAM

## Our Activities in December 2025



In December 2025, E and T held health camps under the Sehat Program in C4, Kokri, Kamla Nagar, and Mankhurd, benefiting 406 individuals with health check-ups and support. The team's dedication positively impacted community health. Additionally, health awareness workshops on preventive care and healthy lifestyles empowered participants with valuable knowledge. Feedback was overwhelmingly positive, emphasizing the need for ongoing outreach. Moving forward, there is a commitment to expand and improve health services for more communities.



On December 20, 2025, SNTD College held a pad distribution drive to raise awareness about menstrual hygiene among young women. The event included discussions and workshops aimed at breaking taboos surrounding menstrual health and promoting accessible products and education. Future plans involve expanding the initiative to additional communities.

# OUR GRATITUDE

## Our Activities in December 2025

Sulksha Ma'am from Lead Earth met our marathon students and motivated them to participate with confidence and enthusiasm. Her encouragement inspired the students to prepare and give their best for the marathon.



On 20 December 2025, a festive Christmas stall was organized at Don Bosco. The stall spread Christmas cheer and created a joyful atmosphere for everyone. The event encouraged community bonding and festive celebration.

Under the Sanskar Program, blankets were distributed to students to support them during the winter season. The initiative aimed to provide warmth, comfort, and care. The students and their families benefited from this thoughtful support.



On 24 December 2025, a joyful Christmas party was celebrated at Trinity School, where Sparsha organized fun and engaging games for the children. The students participated enthusiastically and enjoyed the festive atmosphere. The celebration brought smiles, laughter, and Christmas cheer.

# OUR GRATITUDE

## Our Activities in December 2025

On 10 December 2025, Apnalaya and Sparsh jointly celebrated Human Rights Day with the active participation of 150 volunteers from Kamla Nagar and Kokri communities. The program focused on awareness of essential rights such as food, health, education, safety, dignity, and participation through interactive stalls and activities. Cultural performances, street plays, and expert guidance from key stakeholders made the event impactful and empowering.



# SUCCESS STORY

## Our Activities in December 2025



### A Journey of Courage: Sandeep Gupta's Inspiring Story

Sandeep Gupta is from Kokri, Agar, Mumbai, and has been associated with Sparsha Charitable Trust for the past 10 years. Sandeep is a person with a physical disability, but his determination and positive attitude have always helped him move forward in life.

Sparsha Charitable Trust has supported Sandeep not only in his education, but also in meeting his physical and personal needs. Currently, Sandeep is studying in 11th grade (Commerce stream) at Adarsha College, Antop Hill, and is fully committed to continuing his studies.

Recently, with the support of NICEO, Sandeep received an electric bike, which has made a significant difference in his daily life. The bike has greatly helped him with travel, especially for commuting to college and attending computer classes. Along with his academic studies, Sandeep is also learning computer skills at Chunabhatti, which is helping him become more confident and independent. The electric bike has become an important support system, enabling him to travel safely and comfortably.

Sandeep dreams of building a future where he can support and help others like himself. He also plans to prepare for competitive examinations in the railway sector, with the hope of securing a stable and respectable career.

Sandeep's journey reminds us that with the right support, encouragement, and opportunities, challenges can be transformed into strength. Sparsha Charitable Trust is proud to be a part of Sandeep's inspiring journey and remains committed to empowering children and youth like him.