



MONTHLY NEWSLETTER FEBRUARY 2026

SPARSHA CHARITABLE TRUST

CARE FOR HUMANITY...

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**BE A PART OF
SPARSHA'S
JOURNEY**



**WHERE CHILDREN GROW,
COMMUNITIES RISE.**



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Dear Friends and Supporters,

February at Sparsha was a month of learning, expression, and deeper community connection. Across our centres, children, youth, and families came together through meaningful activities that continue to strengthen our vision of building sustainable and empowered communities.

Through our Shiksha Program, young learners engaged in creative and interactive sessions that nurtured early learning, confidence, and emotional expression. In Sanskar, children explored values, teamwork, and life skills through engaging activities that encouraged discipline, creativity, and self-awareness.

The Swayam Program continued to guide youth towards a stronger future through academic support, skill-building sessions, and exposure to new ideas—helping them become more confident and future-ready. At the community level, Saksham created important platforms for parents and families to engage, learn, and take ownership of their roles in shaping a better environment for their children.

Through Sehat, we sustained our focus on health and well-being by promoting awareness on hygiene, nutrition, and preventive care—ensuring that the foundation of a healthy community remains strong.

This month once again highlighted that real change happens when communities actively participate and grow together. Every session, every interaction, and every smile reflects the collective effort of our team, partners, and supporters.

Thank you for your continued trust and support. Together, we are nurturing not just individuals, but stronger, more resilient communities.

Warm regards,

Sarika Desai

CEO

Sparsha Charitable Trust



SHIKSHA PROGRAM

OUR ACTIVITIES IN FEBRUARY 2026



A mathematics practice session was conducted under the Shiksha Program to strengthen students' basic concepts and problem-solving skills. Students participated actively and showed great enthusiasm. Such sessions help build confidence and improve learning outcomes.

Chhatrapati Shivaji Jayanti was celebrated with great enthusiasm under the Shiksha Program. Students dressed up as Chhatrapati Shivaji Maharaj, and one girl beautifully portrayed Jijamata. The teacher shared inspiring information about Shivaji Maharaj's life and values, helping students learn about his bravery and leadership. The celebration was both educational and inspiring.



Under the Shiksha Program, the class teacher led an engaging activity on "Transport," where students learned road safety and traffic signals through role-play and model demonstrations. Using toy vehicles, they explained traffic rules like Stop, Ready, and Go, making the learning experience fun and informative.

Under the Shiksha Program, the teacher conducted an English test on two-letter words. Students participated sincerely and attempted the test with confidence. The activity helped strengthen their basic reading and writing skills.



SANSKAR PROGRAM

OUR ACTIVITIES IN FEBRUARY 2026



Under the Sanskar Program, a science project activity was conducted where students created and presented science-related drawings. They confidently explained their projects to everyone, showcasing creativity and understanding. The session encouraged active participation and enhanced their learning experience.

A dialogue activity was conducted under the Sanskar Program to help students practice English speaking skills. Students confidently performed dialogue delivery in English, improving their communication and pronunciation. The activity was engaging and helped build their confidence.



Under the Sanskar Program, students conducted a simple and interesting science activity demonstrating the concept of floating and sinking using lemon and water. They observed carefully and discussed the reasons behind the results. The activity made learning practical, engaging, and fun for everyone.

Under the Sanskar Program, the teacher explained the concept of acids and bases through an animation. The visual presentation helped students understand the topic in a simple and interesting way. The session was interactive and made learning more engaging and effective.



SWAYAM PROGRAM

OUR ACTIVITIES IN FEBRUARY 2026



In the Swayam Program, a volunteer conducted a creative hand-painting activity for the students. Children enjoyed expressing their creativity through colors and designs. The session was fun and engaging and helped develop their artistic skills.

In the Swayam Program, a volunteer conducted an English grammar session to help students prepare for their upcoming exams. The session focused on improving students' grammar skills and boosting their confidence. Students actively participated and benefited from the guidance provided by the volunteer.



In the Swayam Program, a volunteer is conducting Math lectures this month to support students in their learning. These sessions help students strengthen their mathematical concepts and prepare better for their studies. The students are actively participating and benefiting from the volunteer's guidance.

In the Swayam Program, Rishikesh Sir conducted a mentoring session for the students. The session focused on guiding and motivating students in their studies and personal development. Students actively participated and gained valuable insights and encouragement.



SHAKSHAM PROGRAM

OUR ACTIVITIES IN FEBRUARY 2026



In the month of February, a special time management session was conducted by the teacher for parents. The session focused on guiding parents on how to help children manage their study time effectively. It was informative and interactive, encouraging better planning and support at home.

In the month of February, parents started a dry waste collection initiative under Sparsha. For every 1 kg of dry waste, ₹3 is provided. This activity encourages parents to keep our community clean and develop good environmental habits. It also creates a small employment opportunity, promoting responsibility and sustainability.



Conducted a parents' meeting where an awareness session on Fundamental Duties was held. The session helped parents understand their responsibilities as citizens and the importance of teaching values, respect, and social responsibility to their children. Parents actively participated and appreciated the informative discussion.

In the Saksham Program, a Nukkad meeting was organized to engage with community members and raise awareness on important social issues. The meeting encouraged open discussion and active participation from the community.



SEHAT PROGRAM

OUR ACTIVITIES IN FEBRUARY 2026



Sparsha, in collaboration with Trinity School, successfully installed sanitary napkin pad machines to promote menstrual hygiene and awareness among girls. The machines have been set up at Sparsha C4 Centre, L.K. Waghji School, and Korba School.

This initiative will help ensure easy access to sanitary products and support better health and hygiene for young girls.

In February 2026, Sparsha Charitable Trust conducted hemoglobin health camps to raise health awareness among children and parents at three locations:

- 4 February – C4: 391 participants
- 6 February – Mankhurd: 160 attendees
- 9 February – Kalma Nagar: 172 beneficiaries

Thanks to the doctors from CACR for supporting this initiative for community health.



A Dental Health Camp was conducted at Mankhurd in collaboration with MGM Hospital. Around 100 children from all Sparsha programs participated in the camp. The initiative focused on spreading awareness about oral hygiene and providing basic dental check-ups to support better health among the students.

Under the Shiksha Program, Sparsha distributed bananas to the children to support their daily nutrition and encourage healthy eating habits. This small initiative helps ensure that our young learners receive essential nourishment for their growth and development.



SEHAT PROGRAM

OUR ACTIVITIES IN FEBRUARY 2026

Food was distributed to the children under the Sparsha Program with the support of Helping Hand. This initiative helped provide nutritious meals and brought smiles to many young faces, ensuring that children receive the care and support they need.



A generous donor provided food to children at the Sparsha Mankhurd Centre, boosting their spirits and supporting community growth. Arts and crafts workshops encouraged creativity and confidence. Future initiatives will focus on educational and emotional development, with updates on events and ways to get involved. Thank you for your continued support!

At the Sparsha Mankhurd Centre, students had a joyful day with Oreo biscuits, a captivating storytelling session that encouraged reading, and a fun game of musical chairs filled with laughter. Thanks to volunteers and donors, these experiences nurture the children's growth in a loving environment.



Under the Saksham Program, Maggi packets were distributed to parents, bringing joy and fostering community trust. Families shared resilience stories, deepening connections. The program aims to introduce sustainable solutions through skill-building workshops and educational opportunities for long-term prosperity and well-being.

SEHAT PROGRAM

OUR ACTIVITIES IN FEBRUARY 2026



Healthcare support for the most vulnerable patients remains at the heart of Sparsha’s SEHAT Program. In February 2026, we partnered with 3 hospitals & one old age home in Nashik district to strengthen their capacity by providing critical medical supplies such as air beds, thermometers, bed pans, knee caps, under bed sheets, under pads, syringes, cotton, BP machines, glucometers, walkers, gloves, diapers, heating gel bags, walker boots, and body wipes.

With this support, hospitals were able to extend better care, hygiene, and comfort to 2569 underprivileged patients, ensuring that those who cannot afford essential medical aids still receive compassionate and dignified treatment.

OUR GRATITUDE

OUR ACTIVITIES IN FEBRUARY 2026



This month, we celebrated Haldi Kumkum with the women of Nashik, where parents joyfully participated in dance and received blankets as tokens of care. The event fostered happiness and community bonds, thanks to dedicated volunteers. Additionally, a health camp provided free check-ups to promote well-being. Looking ahead, we are excited to offer workshops on skill development and financial literacy to empower women. We appreciate your support in our journey toward a brighter future!



A creative drawing activity was conducted in Nashik where students made beautiful drawings with great enthusiasm. They expressed their ideas through colors and creativity. The students were very happy and enjoyed the activity wholeheartedly.

At Nashik School, we distributed more than 200 books to students, including English storybooks and grammar practice books. This initiative aims to improve reading habits and strengthen language skills. The students were excited and grateful to receive the books.



OUR GRATITUDE

OUR ACTIVITIES IN FEBRUARY 2026



This month, 30 students successfully completed their computer classes under the Digital Literacy program. Suresh Pille Sir distributed certificates to the students, appreciating their hard work and dedication. It was a proud and motivating moment for everyone.

The Thyssenkrupp Udhe Team proudly conducted an impactful online guidance session for SSC students. The session empowered students with smart study strategies, effective exam-writing techniques, and the confidence to achieve higher scores.



This month, Sparsha distributed exam kits to students, supported by Sarika Ma'am. A stress management workshop received positive feedback, enhancing student confidence. An art therapy session with local artists promoted creativity and community joy. These initiatives reflect Sparsha's commitment to empowering youth, with gratitude to donors and volunteers for their support.

A generous donor provided bags and snacks to 10th standard students, who expressed gratitude for this support. Volunteers organized workshops on career guidance and personal development, offering valuable insights for students' futures. The month's highlight was a community service day with local clean-up drives, promoting a spirit of giving back. Heartfelt thanks to supporters and volunteers for their continued inspiration and impact.

