

SPARSHA CHARITABLE TRUST

CARE FOR HUMANITY...

"Educating the mind without educating the heart is no education at all."





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Dear Friends and Supporters,

As we step into August, I reflect with immense pride on the vibrant energy July brought to Sparsha Charitable Trust. Across all our flagship programs—Shiksha, Sanskar, Swayam, Saksham, and Swastha—our children, youth, and communities have been buzzing with learning, creativity, health awareness, and deep engagement.

From joyful thumb painting in our early childhood classrooms to impactful awareness sessions on monsoon diseases with parents, and from academic support to tech empowerment for our youth, each initiative reflects our commitment to nurturing the mind, body, and spirit.

Our health collaborations and the Raksha Bandhan stall at Kenvue reminded us of the power of community partnerships and traditional crafts in building dignity and resilience. A heartfelt thank you to our donors, volunteers, teachers, and partners. Your support continues to be the backbone of every smile we see and every milestone we cross.

Let's continue to walk this journey of care, compassion, and community together.

Warmly,

Sarika Desai

CEO, Sparsha Charitable Trust



SHIKSHA PROGRAM

Our Activities in July 2025

On July 3rd, the Shiksha Program hosted a Thumb Painting session where children, guided by a dedicated teacher, used bright paints to express creativity. This activity enhanced fine motor skills, sensory development, and self-expression, fostering confidence, curiosity, and a love for learning, with each thumbprint representing joy and potential.



On July 10th, children in the Shiksha program enjoyed a fun and engaging paper craft activity. They learned to make zig-zag patterns and paper boats, boosting their fine motor skills, focus, and creativity. Hands-on learning makes education joyful!

On July 17th, Shiksha students at the C4 Centre participated in a Gross Motor Skill activity session. Through fun movements and interactive games, children developed strength, coordination, and body balance – essential for their physical growth and active learning journey!



SANSKAR PROGRAM

Our Activities in July 2025



On July 14th, Sanskar students visited Trinity International School for a collaborative poster-making session focused on Monsoon Diseases. The event fostered creativity, teamwork, and awareness of seasonal health issues, promoting knowledge-sharing and friendship between Trinity and Sparsha students.

On July 18th, Sanskar students from Sparsha visited Don Bosco International School for a day of learning and bonding. They engaged in bag painting and sports, fostering teamwork, creativity, and fun. It was a joyful experience of collaboration, connecting young minds through colors, play, and smiles!



On July 8th, under the Sanskar program, notebooks were distributed to students with the generous support of our donor, Ms. Reema Tripathi. Her thoughtful contribution is helping our children learn better and dream bigger. We are deeply grateful for her support in empowering young minds through education.

SWAYAM PROGRAM

Our Activities in July 2025



A special English lecture on Tenses was held for 10th Std students as part of the Swayam program. The session strengthened their grammar, improved sentence formation, and boosted their communication confidence, highlighting the importance of focused academic support for exam success.

In the Swayam program, 8th and 9th Std students are actively practicing Maths through focused classroom sessions. With the guidance of their teacher, students are strengthening their understanding of key concepts and solving problems with greater confidence. These regular lectures are helping build a strong academic foundation.



At the Mankhurd Centre, Swayam students are enthusiastically learning computer skills as part of their ongoing development. From basic operations to hands-on practice, these sessions are empowering students with essential digital knowledge – preparing them for a brighter, tech-savvy future!

SAKSHAM PROGRAM

Our Activities in July 2025



Under the Saksham program, a parent meeting was held to guide parents on supporting their children as schools reopen. Key discussions included the importance of regular attendance, establishing a study routine at home, and staying engaged in their child's education, fostering a strong support system for each child's success.

On July 17th, an Awareness Camp on Monsoon Diseases was held in collaboration with Apnalaya. Residents learned about common seasonal illnesses, prevention, hygiene practices, and the importance of early treatment. Educating communities on health is vital for creating a safer, healthier environment.



On July 19th, a parent-teacher meeting was held to raise awareness about monsoon-related diseases like dengue, malaria, and flu. The teacher provided guidance on preventive measures and hygiene practices to maintain cleanliness during the rainy season. Parents engaged actively and valued the health tips shared, aiming for a healthy and safe monsoon for all families.

SWASTHA PROGRAM

Our Activities in July 2025



In July 2025, Sparsha Charitable Trust and Lions Club Hospital held Eye Check-Up Camps on the 15th, 17th, and 30th, providing free vision screenings and eye care to over 500 students. These camps facilitated early detection of vision issues and included educational sessions on eye health, empowering students to maintain good vision. Volunteers and healthcare professionals created a supportive environment, highlighting the effectiveness of community collaboration in promoting health and well-being.



This month, Sparsha Charitable Trust, in partnership with LeadEarth, conducted a comprehensive health and body check-up for students preparing to participate in the upcoming marathon. The initiative ensured that each child is physically fit and ready to run with confidence and safety. Supporting our young runners' well-being is the first step toward a successful race and a healthier future.

OUR GRATITUDE

Our Activities in July 2025



On 8th July 2025, Sparsha Charitable Trust distributed 120 pens and notebooks to students at Pimpadvad School, empowering them with essential learning tools. We extend our heartfelt gratitude to all supporters who made this initiative possible, helping every child take confident steps toward a brighter educational journey.



On 30th June, a partner meeting was held in Bandra with the Apnalaya team. During the session, Apnalaya partners shared a detailed quarterly presentation highlighting their work, impact, and strategies. The meeting fostered collaboration, transparency, and shared learning—paving the way for stronger community-driven initiatives in the future.

OUR GRATITUDE

Our Activities in July 2025



On July 31, Sparsha Charitable Trust hosted a Raksha Bandhan stall at Kenvue Company, showcasing handmade rakhis, torans, and sarees. The stall celebrated tradition, empowerment, and local artisans, receiving warm appreciation from visitors who learned about the cultural stories behind each piece. The positive response has motivated the Trust to continue empowering artisans and promoting sustainable craftsmanship, with plans to organize more stalls in the future to share the joy of handmade traditions and festivities.