



MONTHLY NEWSLETTER MARCH 2026

SPARSHA CHARITABLE TRUST

CARE FOR HUMANITY...

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**BE A PART OF
SPARSHA'S
JOURNEY**



**WHERE CHILDREN GROW,
COMMUNITIES RISE.**



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Dear Friends and Supporters,

March has been a powerful month of action, ownership, and transformation at Sparsha Charitable Trust. What stands out most is not just the activities conducted, but the growing confidence of our communities to take charge of their own development.

Across all our programs—Shiksha, Sanskar, Swayam, Saksham, and Sehat—we witnessed children learning with curiosity, youth building skills for the future, and families actively engaging in creating better environments for themselves. From interactive learning sessions to health awareness and community initiatives, every effort is moving us closer to building sustainable communities.

This month, the true spirit of Saksham came alive. Women from our communities are no longer just participants—they are becoming leaders and changemakers. Their involvement in citizenship sessions, waste management initiatives, and community actions reflects a strong shift from awareness to action.

Equally encouraging is the strengthening of our systems through improved data collection and monitoring. With the support of our partners, we are becoming more efficient, transparent, and impact-driven in our approach.

I extend my heartfelt gratitude to all our donors, partners, and well-wishers. Your continued support is helping us not only reach communities but also empower them to lead change from within.

Together, we are building communities that are aware, responsible, and resilient.

Warm regards,

Sarika Desai

CEO

Sparsha Charitable Trust



SHIKSHA PROGRAM

OUR ACTIVITIES IN MARCH 2026



Shiksha students participated in a Swar Vyanjan activity to enhance their Hindi skills and engaged in a storytelling workshop to build creativity and public speaking confidence. Educational games in math and science personalized and made learning enjoyable. The organization celebrates student achievements and is dedicated to fostering a love for knowledge, with plans for future updates on initiatives.

Shiksha students participated in a creative hand painting activity that encouraged self-expression and joyful learning. The vibrant colors showcased their imagination and fostered community as they admired each other's work and shared techniques. Teachers observed improvements in fine motor skills and confidence, suggesting that such activities will continue to enhance creativity.



Students participated in a puzzle activity that boosted enthusiasm, teamwork, and thinking skills. This activity enhanced problem-solving, collaboration, and critical thinking, fostering community. Teachers noted increased strategic mindsets and friendships, leading to a supportive learning environment.

Teachers conducted a session on living and non-living things, engaging students with discussions, hands-on activities, and a scavenger hunt. Students explored examples from their environment, enhancing understanding and curiosity. By the end, they appreciated the concepts and the world around them, making the lesson memorable.



SANSKAR PROGRAM

OUR ACTIVITIES IN MARCH 2026



A tree planting activity was conducted in the Sanskar program, where students actively participated and learned the importance of nature and environmental care. The activity helped them gain new knowledge while fostering a sense of responsibility towards the environment.

Students in the Sanskar program participated in a Green Monopoly activity to raise environmental awareness. The game fostered critical thinking about daily choices' environmental impacts, simulating resource management and carbon footprint challenges. This experience deepened their understanding of sustainability and encouraged greener habits for the future.



Teachers conducted an English reading session in the Sanskar program, where students actively participated and improved their reading skills. The session helped build confidence and encouraged a love for learning.

A kickboxing activity was conducted in the Sanskar program, where students participated with great energy and enthusiasm. The session promoted fitness, discipline, and self-confidence among the children.



SWAYAM PROGRAM

OUR ACTIVITIES IN MARCH 2026



Students in the Swayam program participated in an interactive map activity focusing on India's states and capitals, using markers and flags. The facilitator encouraged questions and discussions about cultural and historical significance, enhancing geographical skills. By the end, students showed enthusiasm for continued learning, reflecting the program's values of curiosity and lifelong education.

A volunteer led a mathematics session in the Swayam program to aid students in exam preparation. Through engaging activities like problem-solving games and quizzes, students enhanced their understanding and confidence. The volunteer offered tips for tackling complex problems, resulting in greater clarity and a positive attitude toward learning challenges by the session's conclusion.



A volunteer conducted a session on scholarships for 10th standard students in the Swayam program. The session guided students on available opportunities and encouraged them to plan for their future education.

a volunteer conducted a session on online learning platforms in the Swayam program. Students learned how to use digital tools for their studies, making learning more accessible and effective.



SAKSHAM PROGRAM

OUR ACTIVITIES IN MARCH 2026



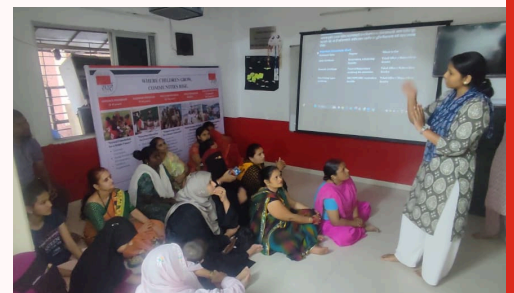
In March, the Saksham Program visited a local police station, educating children and parents about the police's role in society. This initiative increased awareness of safety and rights, fostering confidence in approaching law enforcement. Together, we enhanced community safety measures for better child protection.

In March, SNTD students held a session for parents on healthy food and adulteration. This awareness helps parents make safer choices for their families. They learned simple ways to check food purity at home. Such efforts help us build sustainable and health-conscious communities.



Our community women are truly in action mode. 43 women are consistently collecting dry waste in Kamala Nagar and Kokkari Agar communities. They have achieved their targets with dedication and teamwork. Their efforts show that everything is possible when communities come together.

A parents' meeting was conducted under the Saksham Program with Pooja Kamble Ma'am, focusing on the importance of maintaining students' essential documents. The session guided parents on proper documentation and its role in supporting their children's education and future opportunities.



Under our Saksham Program, in partnership with Apnalaya, we formed women's groups through the Citizenship Program. Certificates were awarded upon completion of 10 sessions, recognizing their achievements. These women are now emerging as active community leaders. They are taking forward community action to drive meaningful change.

SEHAT PROGRAM

OUR ACTIVITIES IN MARCH 2026



Under the Sehat Program, sanitary pads were distributed to mothers to promote menstrual hygiene and health awareness. The initiative aimed to ensure access to essential hygiene products and encourage open conversations around women's health.

Under the Sehat Program, nutritious meal snacks were distributed to support the health and well-being of the beneficiaries. The initiative aimed to promote better nutrition and ensure access to healthy food.ucts and encourage open conversations around women's health.



Under the Sehat Program, yoga sessions were conducted in every class to promote physical health and mental well-being among students. These sessions encouraged mindfulness, discipline, and a healthy lifestyle.

In March 2026, under Sparsha's SEHAT Program, we strengthened healthcare support for underprivileged patients by providing essential medical supplies to partner hospitals. This enabled better patient care, improved hygiene, and more dignified treatment. Your support continues to make accessible healthcare a reality for those who need it most.



OUR GRATITUDE

OUR ACTIVITIES IN MARCH 2026



We are grateful to GRV Steel Company and Vishal Sir for their generous support towards the Shiksha program. They donated essential kits to the children at the Sewri–Wadala centre, bringing smiles and encouragement to young learners. Such contributions play a vital role in supporting their education and overall development.



All Sparsha centre students and teachers joyfully celebrated the Holi festival using only dry gulal colors. The celebration was safe, vibrant, and filled with happiness. Teachers also educated the students about the significance of Holi, explaining why the festival is celebrated and the values it represents. It was a fun and meaningful learning experience for everyone.

OUR GRATITUDE

OUR ACTIVITIES IN MARCH 2026



On 9th March 2026, Sparsha Charitable Trust, in partnership with Apnalaya, celebrated International Women’s Day under the theme ‘From Home to Society – Celebrating Women as a Hero.’ The event aimed to provide women with a joyful space for learning, expression, and empowerment. The program featured an insightful health session by Dr. Vijaya Babre, highlighting the importance of women’s health and hygiene. Distinguished guests, including community leaders and stakeholders, emphasized women’s empowerment and active participation in society. The celebration included vibrant cultural performances, interactive theatre activities, and inspiring acts showcasing women’s strength, challenges, and contributions. Students also presented powerful stories of Savitribai Phule and Fatima Sheikh, promoting the importance of education for women. CAG volunteers were recognized for their efforts in community awareness, motivating continued engagement. With over 130 participants, the event was a meaningful and successful celebration of women’s strength, unity, and impact in society.

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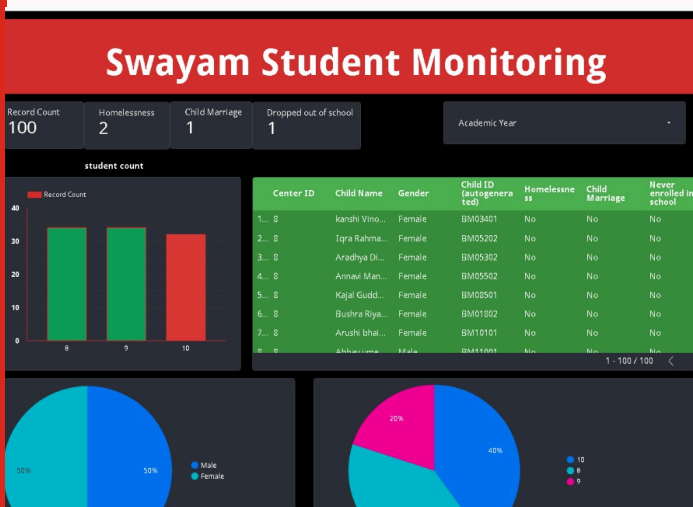
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OUR GRATITUDE

OUR ACTIVITIES IN MARCH 2026



The Kokari Agar center has been beautifully renovated, thanks to Performance Specialty Pvt. Ltd., creating a safe space for children and enhancing their learning environment. New programs like art workshops, science clubs, and reading sessions support creativity and critical thinking. Community involvement has been strong, with parents volunteering. Monthly community events will also be held to showcase local talents and strengthen bonds. Heartfelt thanks go to donors, volunteers, and partners for their ongoing support in transforming lives through these efforts.



Thanks to Performance Specialty Pvt. Ltd. for supporting our Saksham dashboard. They have also provided a laptop and tablet for data collection. This strengthens our monitoring and evaluation processes. Enabling us to make more informed and impactful decisions.

As we strengthen our data collection efforts, we thank Buniyad Foundation for supporting us with a tablet for our team. This will make data collection easier and more efficient. It will also improve our monitoring and program effectiveness.

OUR GRATITUDE

OUR ACTIVITIES IN MARCH 2026



In the month of March, our team enjoyed a refreshing and exciting staff outing at Monteria Village. The day was filled with learning, bonding, and lots of fun experiences. Our staff actively participated in various adventure activities such as zip lining, zip cycling, the 7-course adventure challenge, boating, and the thrilling giant swing. These activities not only brought excitement but also encouraged teamwork and confidence. The team also explored cultural experiences at the traditional costume studio and enjoyed attractions like the giant wheel and bioscope. To add a nostalgic touch, everyone relished treats like ice gola and the classic goti soda. It was truly a memorable day where the team learned new things, strengthened their bonds, and created joyful memories together. We're grateful for the unwavering enthusiasm and team spirit that each member brought to the outing. These moments of togetherness are invaluable, reinforcing the sense of community and shared purpose that defines Sparsha Trust. We believe that such experiences are vital for personal growth and organizational cohesion, paving the way for innovative ideas and collaborative success.

Looking ahead, we are excited to bring this renewed energy and strengthened camaraderie into our upcoming projects and initiatives. Our commitment to making a positive impact remains as strong as ever, and we look forward to more opportunities to grow and learn together. Thank you to everyone who made this outing unforgettable and to all who continue to support our mission. Here's to many more adventures and achievements in the months to come!