

SPARSHA CHARITABLE TRUST

CARE FOR HUMANITY...

"Educating the mind without educating the heart is no education at all."





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Dear Friends and Supporters,

November was a month filled with learning, joy, and meaningful engagement across all our programs at Sparsha. More than 1,200 children, youth, and parents participated in activities that strengthened not only skills and knowledge—but also confidence, values, and community connections.

In the Shiksha Program, our youngest learners explored numbers, emotions, and creativity through hands-on activities. Their visit to the police station and celebration of Community Helper Day reminded us how early awareness helps children understand roles, responsibility, and gratitude.

The Sanskar Program created opportunities for self-expression, learning resilience, and building life skills—whether through bouquet-making, nutrition awareness, or twice-weekly kickboxing sessions. Constitution Day discussions helped children understand equality, rights, and respect—values essential for future responsible citizens. Under Swayam, students strengthened academic skills, learned practical science, practiced spoken English with international volunteers, and explored first-aid knowledge—empowering them with real-life readiness. The Saksham Program continued building confident and informed families with Aadhaar and ration office exposure visits, menstrual hygiene sessions, and parent-teacher meetings, helping bridge the gap between community and systems.

Through Sehat, nutritious meals and baby care support ensured children learned without hunger, while celebrations like Children's Day and Sports Day fostered community spirit. Thanks to volunteers, donors, and partners, Sparsha is creating empowered future leaders. Together, we build a compassionate and sustainable community.

With gratitude,

Sarika Desai

CEO, Sparsha Charitable Trust



SHIKSHA PROGRAM

Our Activities in November 2025



In Shiksha Program, kids learned counting in a fun way using stickers. Teachers guided them to count, match, and paste each number correctly. A simple hands-on activity made learning exciting and easy for our little learners!

Shiksha students enjoyed a fun activity where they created cute faces using paper shapes. This simple craft helped them learn about emotions, shapes, and creativity. A joyful hands-on session filled with smiles and imagination.



Shiksha students joyfully celebrated Community Helper Day by dressing up as various helpers like doctors, nurses, and police officers. They learned about the roles and challenges of these community members, fostering an understanding of teamwork, service, and respect. It was a meaningful and inspiring day for the young learners!

Shiksha students visited the local police station to learn about community safety. They gained insights into the roles and duties of police officers, who explained their responsibilities and tools in an accessible manner. This visit fostered respect and awareness of public safety helpers among the students.



SANSKAR PROGRAM

Our Activities in November 2025



In the Sanskar program, teachers taught students about healthy and unhealthy foods, emphasizing good eating habits for a strong body. Using pictures and real-life examples, students learned to make smarter, healthier choices daily.

In the Sanskar program, MA Journalism student Amisha led a special session on Constitution Day, teaching children about Human Rights and their importance. Students learned about equality, freedom, and respect, gaining a simple understanding of their rights.



In the Sanskar program, students engaged in a bouquet-making activity using colorful papers and craft materials. This experience fostered teamwork, creativity, and fine motor skills, allowing children to express their ideas and proudly showcase their handmade bouquets.

In November, Sanskar students engaged in kickboxing sessions twice a week, improving their strength, discipline, and confidence. They learned basic kicks, punches, and self-defense techniques in a safe, enjoyable environment that combined fitness and fun.



SWAYAM PROGRAM

Our Activities in November 2025

Norwegian students in the Swayam program conducted interactive Spoken English sessions every Monday and Tuesday in November, helping learners practice conversation, pronunciation, and build confidence while connecting with international peers.



A volunteer in the Swayam program led a session on using a First Aid Box, teaching students about its contents and their application in emergencies. The focus was on safety, basic care, and responsible handling, providing valuable preparation for real-life situations.

The Swayam program held a math practice session for students, focusing on key concepts and exercises to enhance understanding. It fostered logical thinking and problem-solving skills, with active student participation and enjoyable learning experiences.



In the Swayam program, a science session was conducted to make learning fun and practical. Students explored simple scientific concepts through activities and discussions. The session encouraged curiosity, observation, and hands-on understanding of everyday science.

SAKSHAM PROGRAM

Our Activities in November 2025



The Saksham program at Kamlanagar organized an Aadhar Card Camp for children, where many students obtained their new Aadhar cards through streamlined registration and documentation. This initiative made the process easier and more accessible for families, benefiting the community.

A meaningful session on menstrual hygiene was held with parents as part of the Saksham program. They learned about safe practices and supporting girls, which helped dispel myths and promote open communication at home. Parents provided positive feedback on the session.



Parents in the Saksham program visited the Ration Card Office to learn about the application process and necessary documents. This exposure visit enhanced their understanding of government services and accessing benefits for their families, providing a valuable learning experience.

During the parents' meeting, teachers discussed each child's progress and overall development. Parents learned about their strengths, learning areas, and classroom behaviour. The session encouraged better communication between teachers and parents. It helped families support their children's learning journey.



SEHAT PROGRAM

Our Activities in November 2025



Under the Sehat program, our SVP leader prepared a nutritious meal for 15 marathon students. The meal supported their training and boosted their energy levels. Students were grateful for the thoughtful gesture. The initiative promoted health, care, and community bonding.

LK Wagjik School distributed essential baby products to 90 students. The support helped many families meet their children's basic needs. The distribution brought smiles and comfort to the young beneficiaries. Parents expressed gratitude for this thoughtful initiative.



In the Sehat program, Helping Hand supported Sparsha students by distributing nutritious meals. All students received fresh and healthy food. This initiative promoted well-being and ensured no child studied on an empty stomach. It created a happy and caring environment for the children.

In the Sehat program, Shiksha students received eggs to promote healthy eating and provide essential protein for growth. The initiative was well-received, making the session enjoyable and educational.



OUR GRATITUDE

Our Activities in November 2025

All Sparsha students joyfully celebrated Children's Day with a fun-filled program. Shiksha students performed lively dances, while Swayam students presented a dramatic Ram Walk. Many children showcased their talents through skits, singing, and other creative activities. The celebration was full of laughter, learning, and happiness for everyone. The event not only highlighted the incredible talents of the students but also fostered a strong sense of community and togetherness. Teachers and parents joined in the festivities, creating a supportive environment where each child felt valued and encouraged. The day concluded with a heartwarming moment as everyone gathered for a group photo, capturing the smiles and joy shared by all. This memorable celebration left a lasting impression on everyone involved, reinforcing the importance of nurturing creativity and joy in young minds.



OUR GRATITUDE

Our Activities in November 2025

This month, Sparsha hosted a lively Sports Day, where children engaged in age-appropriate games and activities, demonstrating energy and teamwork. IES students volunteered to guide and cheer, creating an atmosphere of excitement and joy. Additionally, creative workshops allowed children to explore arts and crafts, fostering creativity and collaboration. Heartfelt thanks to all volunteers, staff, and donors for their support. Looking ahead, more engaging activities are planned to nurture the talents and dreams of the children.

